

# NORTH



WRESTLING

# September 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6 LABOR DAY NO SCHOOL	7	8 PRESEASON WORKOUTS 2:20 - 3:30	9 PRESEASON WORKOUTS 2:20 - 3:30	10	11
12	13 PRESEASON WORKOUTS 2:20 - 3:30	14	15 PRESEASON WORKOUTS 2:20 - 3:30	16 PRESEASON WORKOUTS 2:20 - 3:30	17	18
19	20 PRESEASON WORKOUTS 2:20 - 3:30	21	22 PRESEASON WORKOUTS 2:20 - 3:30	23 PRESEASON WORKOUTS 2:20 - 3:30	24	25
26	27 PRESEASON WORKOUTS 2:20 - 3:30	28	29 PRESEASON WORKOUTS 2:20 - 3:30	30 MANDATORY ALL WRESTLERS MEETING	1	2
3	4 PRESEASON WORKOUTS 2:20 - 3:30	<b>NOTES</b> MONDAY, WEDNESDAY, AND THURSDAY AFTERSCHOOL. MEET IN WRESTLING ROOM, WE WILL BE LIFTING AND RUNNING. * WRESTLING CAN ONLY BE DONE IN SMALL GROUPS. PLEASE CHECK OUT TECNIQUE WRESTLING FOR WRESTLING PRACTICE.				

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WRESTLING

# October 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	5 MANDATORY BOOSTER CLUB MEETING 6:30 - 8:00	6 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	7	8	9
10	11	12 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	13 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	14 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	15 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	16
17	18 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	19 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	20	21 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	22 ALL WRESTLER PRESEASON WORKOUTS 2:20 - 3:30	23 WEIGHT CERTIFICATION @ NORTH
24	25 FIRST DAY OF PRACTICE	26 PRACTICE 2:30 - 5:30	27 PRACTICE 2:30 - 5:30	28 PRACTICE 2:30 - 5:30	29 PRACTICE 2:30 - 5:30	30
31	1 PRACTICE 2:30 - 5:30	NOTES SEASON STARTS ON OCTOBER 25TH WEIGHT CERTIFICATION WILL BE POSTED SOON				

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WRESTLING

# November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 PRACTICE 2:30 - 5:30	2 PRACTICE 2:30 - 5:30	3 PRACTICE 2:30 - 5:30	4 PRACTICE 2:30 - 5:30	5 PRACTICE 2:30 - 5:30	6
7	8 PRACTICE 2:30 - 5:30	9 DIGITAL LEARNING DAY PRACTICE 2:30-5:30	10 PRACTICE 2:30 - 5:30	11 PRACTICE 2:30 - 5:30	12 PRACTICE 2:30 - 5:30	13 JV- ARCHER SCRAMBLE V- WESMINSTER SCRAMBLE
14	15 PRACTICE 2:30 - 5:30	16 PRACTICE 2:30 - 5:30	17 9TH GRADE @ LANIER W/ MILLCREEK	18 PRACTICE 2:30 - 5:30	19 PRACTICE 2:30 - 5:30	20 JV- V- HOYA DUALS
21	22 PRACTICE 9:00 - 12:00	23 PRACTICE 9:00 - 12:00	24 V- GRAYSON FRIDA DUAL	25 THANKSGIVING	26	27
THANKSGIVING BREAK						
28	29 PRACTICE 2:30 - 5:30	30 JV- V- CHESTATEE AND LAMBERT	1 PRACTICE 2:30 - 5:30	2 PRACTICE 2:30 - 5:30	3 PRACTICE 2:30 - 5:30	4 JV- BULLDOG BRAWL V- PRACTICE AND WORK
5	6	NOTES				



# December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 PRACTICE 2:30 - 5:30	30 JV - V-CHESTATEE AND LAMBERT	1 PRACTICE 2:30 - 5:30	2 PRACTICE 2:30 - 5:30	3 PRACTICE 2:30 - 5:30 MAND-GYM SET-UP	4 JV - BULLDOG BRAWL V-PRACTICE AND WORK
5	6 PRACTICE 2:30 - 5:30	7 PRACTICE 2:30 - 5:30	8 9TH GRADE @ NORTH BWOOD, C BLUFF, AND LANIER	9 PRACTICE 2:30 - 5:30	10 PRACTICE 2:30 - 5:30	11 JV - FERNADO DUALS V-LASSITER DUALS
12	13 PRACTICE 2:30 - 5:30	14 PRACTICE 2:30 - 5:30	15	16	17	18
FINAL EXAMS - PRACTICE TIME TBD						
19	20 PRACTICE 9:00 - 12:00	21 PRACTICE 9:00 - 12:00	22	23	24	25
JV - GWINNETT COUNTY CHAMPIONSHIPS V - GWINNETT COUNTY CHAMPIONSHIPS						
WINTER BREAK						
26	27 PRACTICE 9:00 - 12:00	28 PRACTICE 9:00 - 12:00	29 JV- V-ALX INVITATIONAL	30	31	1
WINTER BREAK						
2	3 PRACTICE 9:00 - 12:00	NOTES PRACTICE AND TOURAMENTS WILL TAKE PLACE OVER WINTER BREAK				



# January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
<b>WINTER BREAK</b>						
2	3 PRACTICE 9:00 - 12:00	4 PRACTICE 9:00 - 12:00	5 TEACHER WORK DAY PRACTICE 2:30 - 5:30	6 PRACTICE 2:30 - 5:30	7 V-REGION 8 7A DUALS @ MNT VIEW	8
<b>WINTER BREAK</b>						
9	10 PRACTICE 2:30 - 5:30	11 PRACTICE 2:30 - 5:30	12 PRACTICE 2:30 - 5:30 JV - @ LAMBERT W/ BUFORD	13 PRACTICE 2:30 - 5:30	14 PRACTICE 2:30 - 5:30	15 V-SECTIONAL DUALS TOURNAMENT @ TBD
16	17 9TH - 9TH GRADE GWINNETT COUNTY PRACTICE - WORK	18 PRACTICE 2:30 - 5:30	19 PRACTICE 2:30 - 5:30	20 PRACTICE 2:30 - 5:30	21 V-GHSA 7A STATE DUALS @ LAMBERT HS	22
23	24 PRACTICE 2:30 - 5:30	25 DIGITAL LEARNING DAY PRACTICE 2:30 - 5:30	26 PRACTICE 2:30 - 5:30	27 PRACTICE 2:30 - 5:30	28 V-REGION 8 7A CHAMPIONSHIPS @ HOME	29
30	31 PRACTICE 2:30 - 5:30	<b>NOTES</b> ALL SUB VARSITY WRESTLERS THAT PARTICIPATE IN SPRING SPORTS WILL BE RELEASED FOR THEIR SPRING SPORT ON THE 24TH. TOP 4 TEAM FROM REGION DUALS QUALIFY FOR SECTIONAL DUALS. TOP TEAMS FROM SECTIONAL DUALS QUALIFY FOR STATE DUALS. TOP 4 WRESTLERS FROM EACH REGION WILL QUALIFY FOR THE SECTIONAL TOURNAMENT.				

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# February 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 PRACTICE 2:30 - 5:30	1 PRACTICE 2:30 - 5:30	2 PRACTICE 2:30 - 5:30	3 PRACTICE 2:30 - 5:30	4 PRACTICE 2:30 - 5:30	5 V-SECTIONAL A 7A CHAMPIONSHIPS @ LAKE POINT
6	7 PRACTICE 2:30 - 5:30	8 PRACTICE 2:30 - 5:30	9 PRACTICE 2:30 - 5:30	10 GIRLS SECTIONAL A 7A CHAMPIONSHIPS	11 V-SECTIONAL A 7A CHAMPIONSHIPS	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	1	2	3	4	5
6	7	<b>NOTES</b> TOP 6 FROM SECTIONAL TOURNAMENT QUALIFY FOR STATE TOURNAMENT. SCHEDULE FOR STATE TOURNAMENT YET TO BE RELEASED.				